Children’s Center Day Care

Menu for the Week of

May 16-20, 2022

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| FALL/WINTER  WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Crisp Rice Cereal  Diced Pears  Milk\* | Honey Bunches of Oats†  Bananas  Milk\* | Oatmeal†  Diced Peaches  Milk\* | Rice Chex Cereal†  Apples  Milk\* | Toasted Wheat Bagels†  Peaches, Pears or Apples  Milk\* |
| LUNCH  11:30-12:00 | Chicken Tenders  Green Beans  Whole Wheat Bread†  Apples  Milk\* | Noodle Kugel (Baked  Egg Noodles with  Cheese and Egg)  Peas  English Muffins  Pineapple Tidbits  Milk\* | Taco Mac and Cheese with Ground Turkey  Corn  Buttermilk Biscuits  Grapes  Milk\* | Chicken and Cheese Burritos on Flour Tortillas  Mixed Vegetables  Taco Chips  Honeydew  Milk\* | Tomato Soup  Cheese Sandwiches on  Whole Wheat Bread†  Carrot Sticks‡  Clementines  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Strawberry Yogurt  Goldfish Grahams†  Water | Baked Oyster Crackers with Ranch Seasoning  Grape Juice | Club Crackers  Onion Chive  Cream Cheese  Apple Juice | Banana Chocolate  Chip Bread  Milk\* | Whole Grain  Goldfish Crackers†  Apple or Grape Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.