Children’s Center Day Care

Menu for the Week of

December 20-24, 2021

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Crisp Rice CerealDiced PearsMilk\* | Honey Bunches of Oats†BananasMilk\* | Oatmeal†Diced PeachesMilk\* | Rice Chex Cereal†ApplesMilk\* | Merry Christmas porch sign svg / happy holidays svg / image 1 |
| LUNCH11:30-12:00 | Chicken TendersGreen BeansWhole Wheat Bread†ApplesMilk\* | Chicken and Cheese Burritos on Flour TortillasMixed VegetablesTaco ChipsHoneydewMilk\* | Taco Mac and Cheese with Ground TurkeyCornButtermilk BiscuitsGrapesMilk\* | Cheese PizzaCarrot sticksClementinesMilk\* |  |
| SNACKvaries by classserved between 2:45 and 3:45 | Strawberry YogurtGoldfish Grahams†Water | Baked Oyster Crackers with Ranch SeasoningGrape Juice | Club CrackersOnion Chive Cream CheeseApple Juice | Whole GrainGoldfish Crackers†Apple or Grape Juice | **CLOSED** |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

January 3-7, 2022

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Corn Flakes Cereal†Diced PeachesMilk\* | Life Cereal†BananasMilk\* | Baked French ToastApplesauceMilk\* | Corn Chex Cereal†Diced PearsMilk\* | Baked Triscuits† with CheesePeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Baked Scrambled Eggs with Diced HamGreen BeansEnglish MuffinsBananasMilk\* | Sloppy Joes on aWhole Wheat Bun†Mixed VegetablesPineapple TidbitsMilk\* | Chicken Noodle Soup with Peas and CarrotsCheese CubesOyster CrackersGrapesMilk\* | Chicken Curry CasseroleWhite Rice CarrotsPita CrackersHoneydewMilk\* | Macaroni and Cheese with Turkey SausageCornButtermilk BiscuitsApplesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Bagels and Cream CheeseGrape Juice | Whole Grain Fig Newtons†Milk\*\* | ClementinesWheat Thins†Water | Apple Yogurt MuffinsApple Juice | Cheez-ItsApple or Grape Juice |

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Children’s Center Day Care

Menu for the Week of

January 10-14, 2022

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Buttermilk BiscuitsDiced PearsMilk\* | Crisp Rice CerealDiced PeachesMilk\* | Toasted Oats Cereal†ApplesMilk\* | Soy Butter Quesadillason Flour TortillasBananasMilk\* | Crispix CerealPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Bean and Cheese Burritoson a Flour TortillaMixed VegetablesTortilla ChipsGrapesMilk\* | Barbeque MeatballsMashed PotatoesPeasWhole Wheat Bread†Pineapple TidbitsMilk\* | Salsa Chili with Beans and Ground TurkeyCarrot SticksOyster CrackersApplesMilk\* | Tuna Boats (BakedTuna Salad and Cheese on a Hot Dog Bun)Mixed VegetablesCheez-ItsHoneydewMilk\* | Turkey Dogs on a Whole Wheat BunGreen BeansTater TotsClementinesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Fresh Fruit Assortment(Bananas, Apples, Clementines)Triscuit Minis†Water | Cottage CheesePretzelsApple Juice | Sweet Potato CakeMilk\* | Kix and Pretzel Snack Mix†Grape Juice | Scooby Snacks†Apple or Grape Juice |

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‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

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Children’s Center Day Care

Menu for the Week of

January 17-21, 2022

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Corn Flakes Cereal†Diced PearsMilk\* | Oatmeal† Diced PeachesMilk\* | Kix Cereal†BananasMilk\* | Cinnamon BreadApplesacueMilk\* | English MuffinsPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | White Bean Tomato SoupWhite RiceCheese CubesCarrot SticksApplesMilk\* | Chicken Taco SaladCornTaco ChipsClementinesMilk\* | Penne Pasta w/ Chicken,Cheese and BroccoliGreen BeansCheesy Garlic BiscuitsGrapesMilk\* | Southwestern Rice with Ground TurkeyMixed VegetablesButtermilk BiscuitsHoneydewMilk\* | Roasted Turkey SausageRoasted Red PotatoesCarrotsWhole Wheat Bread†Pineapple TidbitsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Teddy Grahams†Apple Juice | BananasAnimal CrackersWater | Carrot Zucchini MuffinsMilk\* | Cheesy Baked Cheerios†Grape Juice  | PretzelsCheese CubesApple or Grape Juice |

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Children’s Center Day Care

Menu for the Week of

January 24-28, 2022

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| --- | --- | --- | --- | --- | --- |
| FALL/WINTERWEEK 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Frosted Mini Wheats Cereal†Diced PeachesMilk\* | Toasted Oats Cereal†Diced PearsMilk\* | Pork Sausage andCheese BiscuitsApplesMilk\* | Soy Butter Quesadillas on Flour TortillasApplesauce | Toasted Oats Cereal† or Corn Flakes CerealPeaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Cheesy Breadsticks with Marinara SauceCarrotsHoneydewMilk\* | Spaghetti with Meat SauceCornCheesy Garlic BiscuitsClementinesMilk\* | Chicken Fiesta Soup withBrown Rice and Corn†Cheese CubesSaltinesGrapesMilk\* | Pizza Burgers (Meat Sauce and Cheeseon English Muffins)Green BeansApplesMilk\* | Turkey Dogs on a Cheesy Flour TortillaPeasWheat Thins†Pineapple TidbitsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Graham CrackersBananasCaramel MapleYogurt DipWater | Chex Mix†Grape Juice  | Cucumber and Cream Cheese on White BreadApple Juice | Blueberry MuffinsMilk\* | Whole Grain Goldfish Crackers† or Teddy Grahams†Apple or Grape Juice |

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